

NEBRASKA

Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES

A photograph of a family: a woman on the left, a young girl in the center laughing with her mouth wide open, and a man on the right kissing her on the cheek. The photo is partially obscured by large overlapping circles in teal, grey, and blue.

ANNUAL REPORT

Nebraska Child Abuse Prevention
Fund Board

FISCAL YEAR
2021-2022

Purpose of the Nebraska Child Abuse Prevention Fund Board

The Nebraska Child Abuse Prevention Fund Board was created in 1986 by the Nebraska Legislature to provide prevention information, education, and resources to parents, professionals, and the public. Board members are appointed by the Governor and approved by the Legislature.

The Board is administered by the Nebraska Department of Health and Human Services.

The Board's plan for 2021-2022 included the following priorities:

- Supporting evidence-informed programs and resources for community grantees focused on families with children from infancy through adolescence
- Administering a statewide public awareness campaign with local child abuse prevention collaboratives
- Promoting parent engagement and leadership
- Providing training and technical assistance on evidence-informed child abuse prevention strategies to community collaboratives and other partners





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Evidence-Informed Programs and Resources

Circle of Security Parenting™ (COSP)

COSP is an 8-week program that builds strong relationships between parent and child. It helps parents learn how to respond to their child's need in a way that reduces their stress and enhances healthy attachment. Families participating in COSP have often experienced trauma or other factors that can disrupt attachment security.

The NCAFP Board awarded funding to the Nebraska Association for the Education of Young Children to facilitate a combination of 24 COSP classes, in-person and virtual, across the state. Approximately 53% of the participants were White, 21% were Hispanic/Latino, and 5% were Black/African American. Just over half of the participant's children qualified for Free/Reduced Lunch or Child Care Subsidy (Title XX).



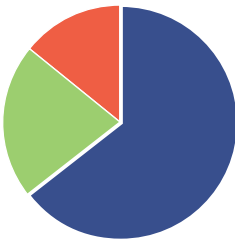
Participants reported statistically significant improvements in their Parent-Child Relationships, Parent-Child Interactions, and Stress Related to Parenting after participating in COSP™.

Parent-Child Interaction Therapy (PCIT)

PCIT is an empirically supported treatment for children ages two to seven and their parents that focuses on improving the parent-child relationship. In PCIT, parents learn specific skills to establish a nurturing and secure relationship with their child while increasing their child's pro-social behavior and decreasing negative behavior. It is often used to treat clinically significant disruptive behaviors in children.

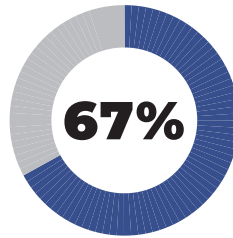


The NCAFP Board supported PCIT through four community grantees: Public Health Solutions (Saline and Jefferson counties), Sunrise Inspirations (Adams county), Family Services (Lancaster county), and and York County Health Coalition (York county). Through these collaboratives, therapists were trained and supported to serve 17 families and 17 children. Participation was likely impacted by the COVID-19 pandemic.



- White — **60%**
- Native American/ American Indian — **20%**
- Hispanic/Latino — **13%**

Remaining participants were from other races/ethnicities or not reported.



Participants who qualified for public assistance

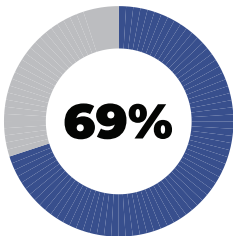
Past research shows statistically significant improvements in conduct-disordered behavior for preschool children and parents report significant positive changes in parenting effectiveness. However, outcome data was not available for this year.



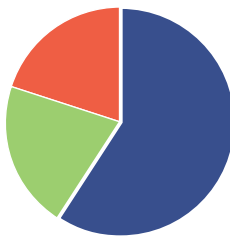
Community Response

Community Response coordinates existing local resources to help children, young adults, and families address immediate needs before crises occur and higher end systems of care are involved. Core elements of Community Response include Central Navigation, Support Service Funds, and Coaching.

During the past year, NCAFP funds supported services for one community collaborative to expand to additional counties. Overwhelmingly, participants sought assistance for housing and utilities, which together represented over 75% of the requests for support service funds.

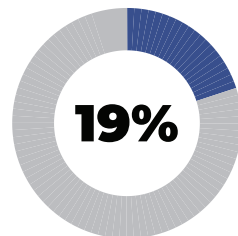


Nearly 69% of participants qualified for public assistance



White — **51%**
Hispanic or Latino — **18%**
Black — **17%**

Remaining participants were from other races/ethnicities or not reported.



Nearly 19% of participants have a disability

Community Response Model



One key component of Central Navigation is coaching. Coaching is voluntary and tailored to meet individual and family needs, whether it be help with creating a budget or improving relationships with children for longer term well-being.

Participants in Coaching reported statistically significant improvements in Promotive and Protective Factors including Social Connections, Concrete Supports, Hope, and Resilience.

Parent Engagement and Leadership

Community Cafés

Community Cafés strengthen families and communities by sparking relationships and leadership to create more inclusive and equitable systems. The Cafés are a connected series of community conversations hosted by parents who live in the community with support from local organizations.

Three sites supported Community Cafés in the past year: Lincoln (multiple teams), Auburn, and Grand Island. Most Café teams focused on developing or rebuilding their capacity following COVID-19 and continued hosting virtual Cafés in the first half of the year. Teams that were able to resume hosting on-site Cafés ranged in size from approximately one-dozen to over 50 participants. Some teams provided interpretation for participants from multiple languages.

Partnerships with many community organizations included, but were not limited to, schools, child care centers, churches, neighborhood organizations, locally owned food vendors, and city and civic organizations.

A cross-site Parent Workgroup with knowledgeable, enthusiastic, and diverse parents from several host teams worked through Nebraska Children and Families Foundation to support fidelity, growth, and sustainability. This included making presentations to local and state organizations.

“Creating that space is possible by focusing on the strengths and perspectives each person brings to the table... (Cafés) level the playing field for everyone involved. Most impactful for me personally has been the genuine, authentic relationships I have formed with the other co-hosts, parents, the school administrators, teachers, and other community members.”





“

My experience as a co-host and participant in Community Café activities has been all about cultivating meaningful relationships and creating a space where everyone's voice is heard and appreciated.

”



Public Awareness

Twenty community collaboratives and other partners participated in the Bring Up Nebraska- Pinwheels for Prevention Campaign. This annual campaign focuses on April Child Abuse Prevention Month and other opportunities to promote strong families. Over 17,000 pinwheels and 6,800 branded campaign products were ordered to help engage and inform the public.



The Bring Up Nebraska website had over 36,790 visitors during the campaign and over 255 paid radio spots were aired.



The campaign reached 437,800 people an average of four times



Paid social media had more than 6.4 million impressions

State events included a Governor's proclamation and a pinwheel planting at the Governor's residence with the First Lady, DHHS Director of Children and Family Services, CEO and President of Nebraska Children and Families Foundation and other state partners.





Bring Up Nebraska Toolkit

YOU ARE THE EXPERT ON YOUR CHILDREN.

YET THERE IS ALWAYS ROOM TO LEARN MORE ABOUT THEIR DEVELOPMENT AND SUPPORT THEIR GROWTH.




RESILIENCE IS A LEARNED SKILL.

WHEN WE ARE SUPPORTED WHEN DEALING WITH CHALLENGES, WE DEVELOP RESILIENCE.




STRESS MAKES PARENTING A CHALLENGE

WHEN PARENTS CAN GIVE THEIR FAMILY A SAFE PLACE TO LIVE, FOOD, AND HEALTH CARE THEY CAN FOCUS ON BEING THE PARENT THEY WANT TO BE.




SOCIAL CONNECTIONS ARE ESSENTIAL

BE THE SUPPORT YOU HAD (OR WISHED YOU HAD) WHEN YOU WERE A FIRST-TIME PARENT. REACH OUT TO NEW MOMS AND DADS IN YOUR COMMUNITY.




STRESS MAKES PARENTING A CHALLENGE

YOU DON'T HAVE TO DO IT ALONE. CONFIDENTIAL SUPPORT IS AVAILABLE.




MANAGING FEELINGS IS AN IMPORTANT SKILL.

CHILDREN AND YOUTH WHO CAN MANAGE AND COMMUNICATE THEIR FEELINGS FEEL LESS STRESS.

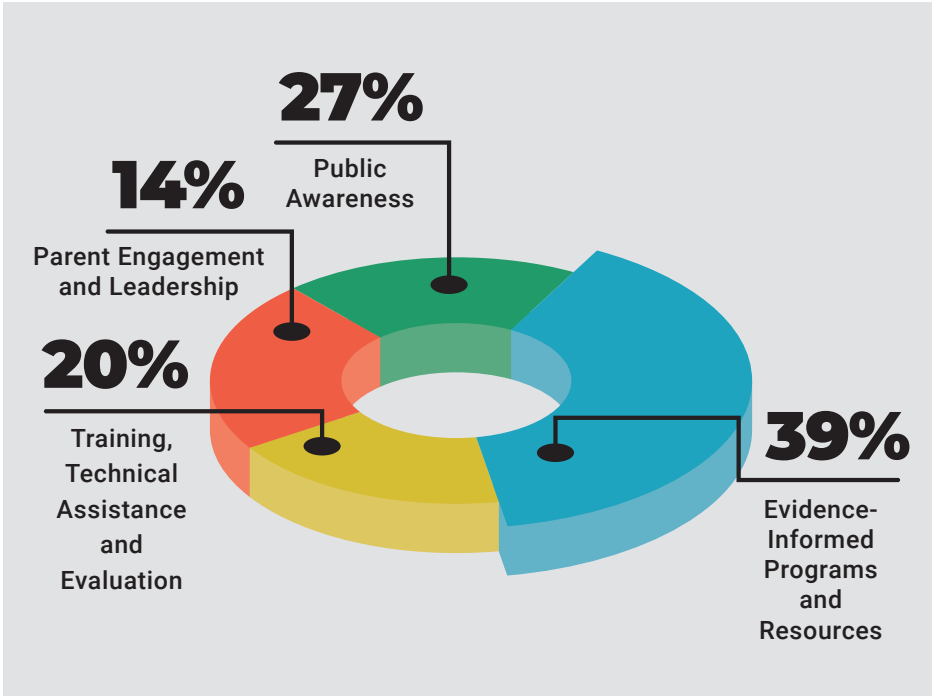



Training and Technical Assistance

Nebraska Children and Families Foundation worked with many state and national partners to inform and provide support for training, implementation, and evaluation in NCAPF supported strategies.

Additional support was provided for the development of community systems to support and use these strategies, including, but not limited to, Community Well-Being and Community Response. This support was provided through a combination of on-site and virtual sessions, peer learning calls, and other communications.

Allocations



EVIDENCE-INFORMED PROGRAMS AND RESOURCES

Public Health Solutions	\$11,249.99	PCIT
York County Health Coalition	\$5,990	PCIT
Sunrise Inspirations PC	\$11,500	PCIT
Family Services	\$22,500	PCIT
Nebraska Association for the Education of Young Children (NEAEOC)	\$60,000	COSP
Columbus Area United Way	\$25,000	Community Response Expansion
Hall County Collaborative	\$25,000	Community Response Expansion

PARENT ENGAGEMENT AND LEADERSHIP

Lincoln Community Foundation	\$30,000	Community Cafés
Auburn Public Schools	\$10,774	Community Cafés
Hall County Collaborative	\$10,000	Community Cafés
National Alliance of Children's Trust and Prevention Funds	\$10,000	Community Café Consulting

PUBLIC AWARENESS

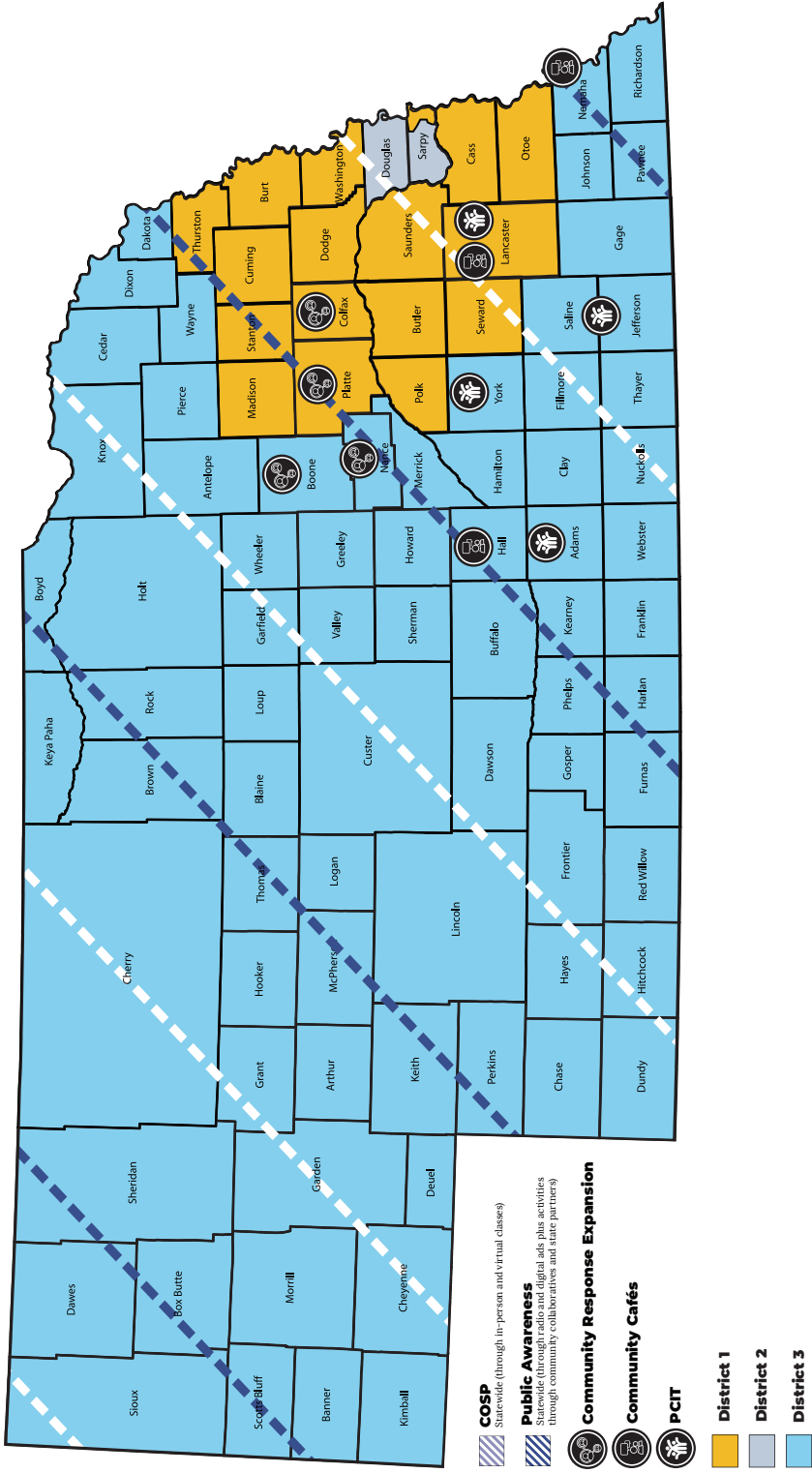
Abante	\$40,150	Prevention Store
Learfield	\$40,000	Radio ads and social media
Firespring	\$25,000	Website

TRAINING, TECHNICAL ASSISTANCE & EVALUATION

Nebraska Children and Families Foundation	\$85,000	Training, technical assistance, coordination, and evaluation
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TOTAL \$412,063.99

Map for July 1, 2021 — June 30, 2022



Board of Directors



Georgie Scurfield
District I



Jillian Chance,
District I



Dr. Paul Nelson,
District II



Dcn. Donald Blackbird,
District III



Claire Bazata,
District III



Dr. David Hansen,
Chair, At Large



Emily Kluver,
Personnel Required
by Statute



Sara Morgan,
Personnel Required
by Statute

Emily Kluver and Sara Morgan represented the Nebraska Department of Health and Human Services, Divisions of Children and Family Services and Public Health, respectively.

ANNUAL **REPORT**



*Report prepared by
Nebraska Children and
Families Foundation*

